Bullying in schools is a serious problem in Australia. According to recent statistics, three out of five students (59%) have experienced bullying. That's 2.3 million students nationally.

Types of bullying experienced by those who have been bullied include:

- **50%** Verbal
- **13%** Via social media
- **20%** Physical
- **11%** Via text message
- **6%** Other (answers included social exclusion, gossiping, emotional/mental)

Three out of five students (59%) have experienced bullying. That's 2.3 million students nationally. One in two students (50%) admit they’ve been bullied. One in five (20%) students experience bullying at least weekly, and one in twelve (8%) of those who experience bullying suffer it daily. Three out of five (57%) say experiencing bullying upsets them a lot/great deal.

Bullied students who speak up are most likely to talk to parents (27%) and friends (24%). Of students who speak up, 80% say that bullying is a problem in their school, and 20% say bullying is an extremely/very serious problem. One in seven students (14%) who are bullied do not speak to anyone about it. That's 340,656 students in Australia who stay silent.

Today's Gen Z students will make up one third (33%) of the Australian workforce by 2028. There are 2 billion Gen Zs globally.
Impacts of Make Bullying History Foundation Seminars

Evaluation of Bullying Seminar

- 96% rated the seminar 'excellent', 'very good' or 'good'
- 95% found the seminar helpful

MBHF improves student confidence to handle bullying
Students were asked how confident they were to deal with bullying before and after the seminar.

- Before: 46%
- After: 75%

Impact of the seminar on school environment

- 83% of students are now extremely/somewhat likely to step in and stop bullying if they see it.
- 80% of students think their school will be a friendlier place after the seminar.
- 77% of the students who bullied before are extremely/somewhat likely to stop bullying after attending the seminar.

Who attends

- Male: 54%
- Female: 46%
- Years 7-10: 78%
- Years 11-12: 22%
- Government schools: 40%
- Independent schools: 60%

Methodology
The MBHF surveyed students from 4th Sep 2017 to 22nd October 2018 with 840 people commencing the survey and 692 completes.